



GODDESSES ON THE GULF

**Awaken Your Divine Femininity
October 29 – November 1, 2009**

There's NOBODY better than you! Empower your inner Goddess! Feed your soul and maximize your inner awareness! Three days of exploring, pampering, playing, and sharing await you in the company of nurturing women.

Our Goals:

- awaken and inspire your own Divine Femininity –THE GODDESS- by sharing with a community of women through meditation and introspection;
- experience freedom of your innate creativity through beading, kayaking, making nature print clothing, biking, journaling, dancing, drumming, and chanting;
- pamper your physical body with massage, Reiki, and the beaches of Sanibel;
- explore healthy life style approaches through Yoga, Yoga Nidra, vegetarian meals, and total relaxation.

Our Mission Statement - The Sanibel Goddess Retreat will celebrate women's individual Divine Femininity. Our journey will include interacting with other participants, exploring your individual creativity, health, and expanding personal boundaries of yoga and relaxation.

Goddesses on the Gulf includes a variety of activities, and meals. Fee for the retreat \$535.00. Accommodations through West Wind Inn additional. Registration forms can be found on our web site or call 239-395-1100

Visit our web site at www.sanibelmassage.com/GoddessRetreat.html